



The Catlins Area School

Te Kura Taumata O Catlins | To be the best you can be

20/07/2020

Dear Parents, Caregivers and Whanau,

Students in Year 1-10 are about to start a unit in Health Education on Sexuality. Sexuality education is one of seven key areas of learning in Health and Physical Education. It aims to provide students with the knowledge, understandings, and skills to develop positive attitudes towards sexuality and to enhance their interpersonal relationships. This year, all year levels are following the family planning resource “navigating the journey.”

There are five themes within this resource including;

- Establishing a positive learning environment *Te whakarite i tētahi ao ako huapai*
- Who am I? *Ko wai au?*
- Relationships *Ngā whanaungatanga*
- Growing and changing *Te tipu me te huri o te tangata*
- Staying safe *Te noho haumaruru*

If you would like more information about the content/lesson plans that are being covered or a conversation about the learning topic please contact me. If you do not wish your child to take part in sexuality education please contact your child's classroom or Health teacher.

Please note Year 7 students are being taught this unit by Ms Emily Currall - emilyc@catlins.school.nz

Nga Mihi,

Sarah Cairns
sarahc@catlins.school.nz