



The Catlins Area School

Te Kura Taumata O Catlins | To be the best you can be

21st July 2020

Dear Parent / Caregiver,

On Tuesday the 28th of July, all Year 11, 12 and 13 students are invited to participate in the one-day workshop "Loves Me Not" which delivered in school by NZ Police.

The programme is supported by The Sophie Elliott Foundation and has helped students explore the characteristics of healthy relationships since its inception in 2008.

In the Loves-Me-Not workshop students:

- explore qualities of good relationships
- recognise early signs of relationship abuse
- understand sexual consent, what it means, and why they need it
- apply critical thinking about who is advantaged by societal myths, and how these myths may perpetuate relationship abuse and acts of sexual abuse
- explore if, when and how to be an active bystander
- are encouraged to 'take action for change' for themselves, their friends and family, and the wider community to have safer communities together.

To learn more about the programme parents are invited to watch this YouTube video featuring Nigel Latta: <https://youtu.be/c-gt7QG7GEc>

If you wish to withdraw your child from this course for any reason, please call the office on (03) 415 8036.

Ngā mihi,

Kate Staniford

Principal