



The Catlins Area School

Te Kura Taumata O Catlins | To be the best you can be

21st July 2020

Dear Parent / Caregiver,

On Tuesday 18th August, our Year 7-13 students will participate in our annual visit from Attitude NZ. Attitude provide age-appropriate Health/Hauora education across New Zealand Schools. You can view their programmes at: www.attitude.org.nz.

The programmes for our students this year will be:

- Year 7, 8 and 9 (10-11am) – Friendship Factor

“Healthy and positive friendships set young people up for success. Content includes building friendships, handling rejection, conflict and bullying.”

- Year 10 (11.20am-12.20pm) – Hardwired (Drugs, tobacco and alcohol)

“We address the issues that cause people to develop habits, and give ideas on how to assess risks, make positive decisions, deal with peer pressure and overcome addictions.”

- Years 11-13 (12.20-1.20pm) – Sex with Attitude

“We discuss the emotional and social aspects of sexuality and provide a decision-making guide to relationships. The programme covers the benefits of postponing sexual involvement, and how to set boundaries. It challenges teenagers to think about the options for their future.”

If you wish to withdraw your child from any of these presentations, please contact the main office, (03) 415 8036.

Ngā mihi,

Kate Staniford

Principal

The Catlins Area School
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