

# The Catlins Area School Newsletter 26 October 2018

## Special Feature - Kaitlyn Dreaver - Outward Bound

Last term, I was extremely grateful to be awarded a scholarship from The Otago Community Trust to attend the Outward Bound Course in the Queen Charlotte Sounds, Marlborough. It was a three week intensive course called Mind, Body and Soul.

Every morning we completed P.T.; this involved waking up at 5:30am, warming up before heading out for a 3.7 km run (which had to be done in under 27 minutes). This was followed by a swim in the ocean and to top it off, an outside cold shower - all before breakfast.

On Outward Bound we participated in all kinds of amazing activities like tramping, white water kayaking, rock climbing, rowing, sailing the oceans, high ropes, a half marathon, swimming, and the famous solo. This is three days out in the bush alone with only 2 apples, 2 biscuits and 2 carrots. My watch/group was called Kupe 646. There were about 10 other watches at the same time, so there were more than one hundred 16-18 year-olds.



I am very thankful that I had the opportunity to experience this challenge. I've learnt so much and met so many amazing people. This course was one of the hardest things I've ever had to do and it pushed me to my limits everyday! Lots of kids started the course, but not all of them finished. I'm so proud that I didn't give up!!! A big thanks to Mr Samson and everyone else that helped me to achieve this goal!

From the Principal:

### Outward Bound

Congratulations to **Kaitlyn Dreaver**! She completed an Outward Bound experience, taking 20 days away from home to complete her scholarship. She was amongst a small number of students chosen from around New Zealand to receive a \$3500 scholarship to attend. She participated in a rigorous training schedule to prepare herself and successfully completed the course with ease! Well done Kaitlyn, we're very proud of your achievement!

### Planting Days - Yellow Eyed Penguin Trust

Huge thanks are due to Lisa Hooker, Emma Longmore, Emily Currall, Caro Bopp and Richard Staniford along with our parent helpers Simon Walker and Theo Janssen who attended the Planting Days for The Yellow Eyed Penguin Trust. David McFarlane from the Trust contacted me after the first day to say that "Ranger Ben and I really enjoyed the planting days - many thanks for the hard work of the kids, teachers and parents. One pupil was very keen to carry on planting all week! I told him that he would have to wait until next year but I appreciated his keenness!!". I'm pleased to report that all students engaged really well with the opportunity and completed the planned tasks quickly and with care. Students will be acknowledged with TCAS Cards.





### Healthiest School

Students in Room 3, 19 and Y7/8 have been wearing their pedometers and increasing their activity levels as they compete in the Healthiest School Competition. As part of the Healthiest School materials, Mrs Bopp entered us in a competition to receive training from the Tottenham Hotspurs Development Coaches. Guess what?? **We won!!!** This visit will be on Monday 29th October from 1.15pm-3pm. I'm sure you'll agree is this a very exciting outcome for us!!

### Our Service Value - What have we got stuck into during 2018?

At the end of last term we had a two week focus on our Service Value - Volunteer in your Community. I was hoping to showcase our service commitments for 2018 so far at that stage, but with the cancellation of the planting days, it was set back until now. Service can be displayed by students with a view on the school, the community, or nationwide. Here are just some of the service highlights of our year!!

#### Term 1:

- Students and Staff have participated in local/regional sports as volunteers
- Senior students worked hard entertaining the younger students at the Prime Lamb Event as volunteers.
- We provided service for the Cavalcade by supporting promotional materials and providing the photocopying for the event. Art Club engaged with poster making and walked with their posters in the parade
- Our Kapa Haka had their first major event at the Mihi Whakatau and performed strongly considering the large number of new and young students in the group



- Students and staff have participated and run Clutha Youth Council Events e.g. Quiz night and 'Be Motivated Be You' (in which two of our students facilitated motivational training sessions).

- Students worked with the Otago University BEATS-Rural team as activity meter volunteers and collected research data.

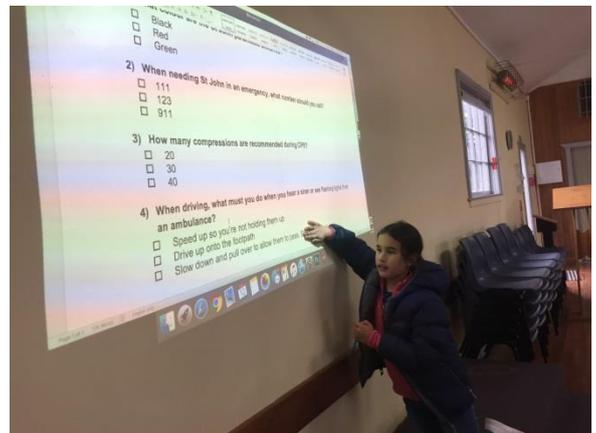
- Our Gateway Week workplace students acted as interns across many career sectors.

- Students worked within school and outside as RSA Poppy Appeal Collectors.

- Year 13 students participated in the local

ANZAC Day Commemoration and wreath laying.

- Activities and events were organised by our prefects to raise money for The St. John's 'Have a Heart' Appeal in-school fundraising events.



## Term 2:

- Breakfast Club now runs on Tuesday and Friday for Year 9-13 students, the Mayor and local Councillor have visited the club which is a school run Wellbeing initiative providing service from within our student body for our students.
- As a school we were able to participate in Pink Shirt Day (as supported by the prefects) raising money for Youth Mental Health Charities as part of our focus on Wellbeing.
- The whole school had an organised Litter Pick Clean-Up of Owaka removing over 90kg of waste from our local environment.
- Students have been involved in Hui Ako which showcased our protection of native birds with our trapping projects.
- Our kapa haka performed at the leaving ceremony for Dr Alison Cook.
- A morning tea was held for our support staff and community helpers.
- Ebony Cooper organised a Volleyball Tournament which supported our drive for house spirit and the tuakana / teina relationships at school.
- The Formal was completely planned and implemented at school this year, all the food was created at school by staff and students, all the decorations were made by students, and the music chosen by students. It was great to see the leadership across the different areas of the school and the community feel to the event.



## Term 3:

- Our Student Army planned and implemented a local stream-clean restoring the flow and assisting the skink environment. We planted the trees we were gifted by 'Paper for Trees' as a result of our cumulative paper recycling total. One of our students has taken leadership of managing the recycling at school.



- Korban Craigie organised a Technology Event for our students and the Tokiwa visitors which supported both the school and our curriculum.

- Students and staff collaborated to create lend-able bags for the borrow-a-bag initiative that we have initiated with the Four Square.

- We baked for the Cancer Society stall.

- Charlotte Pitts organized Interhouse basketball.

## Term 4 (so far...):

- We donated two days planting at Long Point for The Yellow Eyed Penguin Trust and involved 50 students in preserving our local Penguin community.
- \*Upcoming\* - Students are about to collect non-perishable food items for the local Food Bank as a pre-Christmas donation.
- \*Upcoming\* - Mat Dreaver is organising a Fun Run, and Quinn Gabolinscy a sporting event to raise money for a NZ Youth Charity

Throughout the year, we have raised around \$500 in support of local, nationwide and global charities as well as donating over 700 'people powered' hours to service activities. For busy students, working hard at achieving their learning goals and from a small school, I believe this is a very significant contribution. Thank you to everyone who has participated in a service activity this year, and thank you in advance for students donating time and effort to our future events.

He waka eke noa,

Kate Staniford  
Principal



## **Planting day for The Yellow-Eyed Penguin Trust by Amelie Apte**

Today the year 9/10's went to Long Point to plant some flax and trees.

We travelled up there in a van and a car. We were planting the plants in the gaps where the other classes had planted the day before. We were on a hill above the bay, on a farm. The main reason why we were planting the trees was because above the trees, there is going to be a workshop built; if there is old dish washing water or anything like that, it will be filtered out and it won't go down to the beach and into the environment. There were 100 flax and about 50 other trees to plant.

We first started with digging the holes to put a tree or flax plant in. After most of the trees were planted we had morning tea. Then we planted the rest and had a lunch break. After we had all finished eating, the ranger told us about his job and about the yellow-eyed penguins. Next we put mats, bamboo sticks and a combi guard around each tree. That was to protect the trees from pests and the wind. Also, so that weeds don't grow. We then went back to school.

### What I learned:

- I learned that when yellow-eyed penguins moult, they have to do that for four weeks. In those four weeks the penguins can not eat anything and they have to stay on land. They also have to weigh at least 7 kgs before moulting because they lose 4 kgs during this time.
- I also learned that if a yellow-eyed penguin is injured or underweight, the yellow-eyed penguin trust takes them to hospital or to a place where they get fed and looked after until they are ok again. They have to be taken to Dunedin, because there is no other place that is closer.
- Another thing is that you put on a combi guard to protect the plant from wind and rabbits or other pests. The flax is ok without a guard because most animals don't like it. You first put a mat down around the tree. Then put the bamboo sticks in to hold the mat down, and then the combi guard around the sticks and plant.

### What I didn't enjoy:

- I found that the planting took a bit too long.

### What I enjoyed:

- I liked most of the planting, putting the combi guards on, and learning about the yellow-eyed penguins.

Overall I liked the planting day. It was a fun day away from school.

## **Planting for The Yellow-Eyed Penguin Trust By Hansie Sopp**

The other day, we went to Long Point and we planted trees for the Yellow Eyed Penguin Trust. It took a long time, but the boys in my and I group planted lots of flax and other trees. The ranger, called Ben, taught us how to plant trees and how to put guards around them. He also showed us how to plant flax really fast - it's a secret, so I can't tell you how to do it. The best part was marching and planting. I learnt how to plant flax really fast and how to put a guard on a tree. The things I didn't enjoy was how tiring it got and how sore my feet got!

I learnt how to plant a tree: first you dig big enough holes to fit the plant in then, you take off the protective bag, then you put the plant in the hole and cover it with some dirt.

The ranger Ben told us that penguins will always try to bite you when you are holding or catching them, they also try to bite your eyes. Ben had some scars!

I learnt how to guard a tree: first you put a weed mat under it, then put four bamboo sticks into each of the four holes on the weed mat. Then put a combi guard around the bamboo sticks to protect the plant.

## **From the Board of Trustees:**

### **BoT Property Update**

The BoT would like to update the community on some upcoming property projects at The Catlins Area School:

1. You may have noticed the condition of the driveway is deteriorating. Over the summer months the Ministry of Education Property Team are planning to renew part of the surface, allowing for better mobility access to the school and creating a smooth surface for bicycles. This may limit access to the school site over the summer. We cannot begin remediation of the main driveway surface until this project has reached completion.
2. A number of our buildings require re-roofing to address historic water tightness issues. This project is planned for 2019.
3. Our Hall will be refurbished and reassessed for better heating and acoustic outcomes. This project has been approved and is in the planning stages for 2019.

In 2018 we have completed a mobility upgrade to allow wheelchair access across the middle and senior areas and completed an electrical assessment across the school, these adaptations are complete and in use by students.

We're looking forward to supporting the upcoming positive adaptations to our school environment.

Thank you for your ongoing support of the school,  
Grant Bradfield

### **Upcoming Events:**

Tuesday 30th October - 2nd November - Y7/8 Camp

Wednesday 31st October - Mat's Fun Run - Lunchtime - \$2 Donation towards a NZ Youth Charity

Tuesday 6th November - Food Bank Mufti Day

Wednesday 7th November - Prizegiving - 6.30pm

Monday 12th November - Hangi

Tuesday 20th November - PB4L Staff training Day - No school for Y1-10

Friday 23rd November - Pet Day

Wednesday 12th December - Beach Day and Reports Sent Home

Thursday 13th December - Term 4 Ends

### **Interhouse Sunflower Competition**

I hope that all the sunflowers are happily growing around Owaka. If not replacements can be had from Mrs Hooker.

Rules:

- The sunflower should be grown in a pot. It can be transplanted but the final pot should be no bigger than 14 litre.
- The sunflower will be measured in its pot.
- Seniors should bring their plant in before study leave for measuring.
- Juniors will bring their plants in during the last week of term.
- The total height for each House will be calculated so even small plants should be brought for measuring. First, second and third prizes will also be awarded. Hope this answers most questions.

Happy growing.

Lisa Hooker

### **Family Science Evening 5 November**

All welcome! 7pm TCAS School gym (free entry) – See attached flier

### **School/Community Hangi – Monday 12 November**

All welcome – please see notice attached

### **Head Lice**

Can I please ask families to check their students' hair as we have had a report of adult head lice in the middle school. If found, please treat accordingly.

**Lucky Book Club** orders are due back to school. Please return these asap next week. Thank you!

### **Year 7/8 School Camp to Mavora.**

The departure date for the camp is rapidly approaching and camp fees are due to the office.

Parents are reminded that any concerns/questions should be directed to the school office in good time for them to be acted on.

### Library News

The Library is closed for repainting and for the annual stock take from next week. **Can students please return ALL library books to the library as soon as possible in order for the stock take to be completed.**

Thank you!

Anabel McPhee  
School Librarian

### Pet Day 2018

Now's the time to get your pet lambs and other pets, and begin their training. Pet Day 2018 will be held on **Friday 23rd November**... see attached fliers for details. This is the day before the A & P show which will mean your animals will be clean and ready to go for the show the next day, and creative creations can also be entered as well for the A & P show. Please note, **NO CALVES** will be allowed at Pet Day this year, due to the eradication and containment process of the disease, Mycoplasma bovis.

Any questions please contact Annie Jackson [andrew.anniejackson@gmail.com](mailto:andrew.anniejackson@gmail.com) or 027 4825282

## Sport News

### Quadrathon

This event is to be held on 27th November at Waiwera South School. It consists of 10 lengths of a 15m pool, 2km bike, 1.5km Cross Country Run and a 1.2km Road Run. It is open to Year 4-8 students and they can compete in a team or as an Individual.

During the week around 40 students have indicated they would like to compete and a Google form will be sent to parents to notify them of their child's interest and what section they would like to take part in; also to arrange transport.

## Community News

### **Tahakopa School**

**Halloween Disco TONIGHT Friday 26<sup>th</sup> October** from 6.30pm to 9.00pm  
At the Tahakopa Hall

Come along and join in the fun and games. \$5.00 per person

### **Youth Group**

7-9pm tonight 26 October  
at Church Hall.

Please bring a plate for supper

See you there

Contact Dellys Brown 4158274